

The Nordic Adaptation of Classification of Occupationally Related Disorders (Diseases and Symptoms) to ICD-10

(ICD-10: International Statistical Classification of Diseases and Related Health Problems)

Pays nordiques (dont la Suéde) - Classement ICD-10 - Reconnaissance en tant que maladie professionnelle

19 Fév 2013 | Dans Electrosensibilité reconnaissance

The Nordic Adaptation of Classification of Occupationally Related Disorders (Diseases and Symptoms) to ICD-10 by the Nordic Council of Ministers

La liste des maladies professionnelles des pays nordiques (regroupant le Danemark, la Finlande, l'Islande, la Norvège et la Suède, ainsi que le Groenland, les lles Faroe et Åland), adaptée de la classification OMS ICD 10 intègre la sensibilité chimique multiple (MCS) et l'intolérance électromagnétique sous la classification R68.8 qui regroupe les symptômes, signes et les examens cliniques et de laboratoires anormaux non classés ailleurs.

Dans la discussion, il est recommandé de ne pas classer ces troubles dans les catégories psychiatriques sauf en cas de syndrome de somatisation environnementale diagnostiqué par un psychiatre.

La description fait état de symptômes non spécifiques (fatigue, nausée, difficultés de concentration et de mémorisation...) reliés à l'usage d'écrans d'ordinateurs ou de télévision, de transformateurs électriques ou de lampes fluo, les symptômes disparaissant dans des environnements « non électriques ».

Voir pages 33 et 49, numérotation bas de page, ou chercher "IEI"



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(ICD-10: International Statistical Classification of Diseases and Related Health Problems)

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Preface

This report is a summary of a Nordic co-operative project called "The Nordic Adaptation of Classification of Occupationally Related Disorders (diseases and symptoms) to ICD-10", financed by the Nordic Council of Ministers (Nordisk Ministerråd) and completed 1996 to 2000.

The aim of the project was to provide a "Nordic list of occupational disorders" with advice on how to code them in accordance with the WHO International Statistical Classification of Diseases and Related Health Problems (ICD) version 10. Coding of occupational disorders is not always self-evident within ICD-10. This holds especially true for central nervous system disorders caused by occupational exposure and for some groups of not well-specified conditions, which in the Nordic countries are claimed, but not yet proven, to be caused by occupational exposures. By giving advise on how to "modify and adapt" these conditions to the ICD-10 system, we hope – if the advises are accepted – to facilitate later comparisons of Nordic data on occupational disorders.

We also had a hope to be able to mark out disorders from occupational and environmental exposures, to bring attention to the potential for their prevention, within the ICD-10. This can only be done indirectly by adding the codes for occupational (Y96) or environmental (Y97) exposure to the codes for disorders. This can be done within the ICD-10, but we have discovered that this possibility can be hampered by the design of local hospitals' ICD-10 registration systems, which may not allow the possibility to add other codes to the codes for disorders.

In addition the ICD-10 codes for exposure (chapter T) are insufficient for coding for exposures in the Nordic occupational- and environmental clinics. Thus a satisfactory coding system for exposures must be created outside the frames of ICD-10.

The work was co-ordinated by Axel Wannag MD, Directorate of Labour Inspection, Oslo, Norway. The work was carried out by a group of Nordic occupational physicians: Jens Peter Bonde MD, Department of Occupational Medicine, Aarhus University Hospital, Aarhus, Denmark; Antti Karjalainen MD, Finnish Institute of Occupational Health, Helsinki, Finland; Finn Levy MD, Department of Occupational Medicine, Ullevaal University Hospital, Oslo, Norway; Kjell Torén MD, Department of Occupational and Environmental Medicine, Sahlgrenska University Hospital, Gothenburg, Sweden.

In addition the project received main contributions to the work from:

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Finn Levy and Axel Wannag did the main and final edition of the report.

Oslo, December 2000

Axel Wannag and Finn Levy

1. Introduction

Exposure from work can course diseases or symptoms. Some of these diseases are legally defined as occupational diseases, others are not. Which diseases are defined as occupational varies between countries, also to some extent between the Nordic countries. Occupational diseases are not a clear entity.

Thus to encompass the legally defined occupational diseases and the other diseases, symptoms and complaints from occupational exposure, we have chosen the expression "occupational disorder". In our opinion, this matches what ICD-10 encompasses in the expression "diseases and related health problems".

In all countries only a fraction of the preventable disorders of occupation is recognised as such. The vast majority of these disorders is still "hidden" in the general registration of national disorders. Neither are the registration systems (including ICD-10) well designed to accommodate the information that a disorder is a result of occupational exposure. Thus the sheer magnitude of preventable occupational disorders goes unrecognised, and there are little to no incentives from the national statistics to promote national prevention of occupational disorders.

Nordic occupational physicians and institutions of occupational health have for many years tried to improve the situation, with various successes. With the introduction of ICD-10 in the Nordic registration systems we saw a new possibility to mark out occupational disorders in the national statistics. However, ICD-10 can by no means accommodate all the information which is necessary for a complete coding of an occupational disorder in sufficient details. Neither can ICD-10, aimed at coding existing disorders, directly accommodate some groups of not well specified conditions, which in the Nordic countries are claimed, but not yet proven, to be caused by occupational exposures.

ICD-10, as a convention, set frames and limitations on the possibilities of finding the "ideal" code to an actual disorder. Thus all coding will, on some occasions, force adaptation and modification since the code you "ideally" should have had for the disorder at hand is not in the coding system. What is important is that the different Nordic physicians in their classification "adapt and modify" an occupational disorder to the same ICD-10 code in order to make the Nordic statistics comparable.

Thus the aim of this undertaking was to provide a "Nordic list of occupational disorders" with advice on how to code them in the ICD-10 system.

1.1 Complete coding of an occupational disorder

In our opinion a complete coding of an occupational disorder, consists of the following information:

- 1. A code for the disease/symptom according to the ICD-10 coding and selection rules.
- 2. A code connecting the disease/symptom to occupational/environmental exposure (from ICD-10 = Y96 occupational and Y97 environmental).
- 3. A code for the strength of association between the disease/symptom and the occupational exposure. (Our advice, modified from the scale used at the Department of Occupational Medicine. Folkhälsovetenskaplig Centrum, Linköping, Sweden, is given in appendix V).

(Strength of association could also be accommodated within ICD-10, but this would need amendments in ICD-10. So fare this has not been possible to achieve.)

- 4. A code for the occupational exposure. There are many "Exposure Code Systems". We probably need one of these existing systems amended to achieve a system which may be generally accepted.
- 5. A code for the occupation of the patient. International Standard Classification of Occupations (ISCO-88) is not suitable. Some nations have more detailed systems.
- 6. A code for the trade of the patient. Nomenclature Generale des Activites Economiques dans les Communautes Europeennes (NACE rev. 1) is often not detailed enough, and groups under the same code trades with different occupational exposures.

In our opinion ICD-10 can, at the moment, only provide codes for the first two of these points. National constraints on the use of ICD-10 may further complicate the occupational health statistics. The official Danish version of ICD-10 does not include the Y codes and thus occupational disorders can only be traced in the Danish health statistics to a very limited extend even if the present guidelines are implemented. Thus the complete coding of occupational disorders must still rest within the local coding systems of the occupational clinics, institutions and services.

However, in our opinion there would be a great improvement if the national coding systems for disorders would incorporate both 1) the code for the disease/symptom and 2) the code for the association to occupational (Y96) or environmental (Y97) exposures. This will depend on the technical construction of the national data systems. Unfortunately some systems, for the moment, seem to allow for only one ICD-10 code (6-digit) for each disorder. This makes it impossible, within ICD-10, to connect/link a disorder to an occupational/environmental exposure. This requires two connected 6-digit codes (at least).

Therefore we have been limited to focus on finding correct (and acceptably correct) disease/symptom codes for the occupational and environmental disorders and connect these with the ICD-10 codes for occupational (Y96) and for environmental (Y97) exposures.

1.2 Construction of the "Nordic list of occupational disorders"

As was pointed out to us by professor Björn Smedby of WHO Collaborating Centre for the Classification of Diseases in the Nordic Countries, there is a danger in using short lists of disorders. One can actually distort the picture of the complete panorama of disorders if one instead of using the complete ICD-10 list of "all" disorders to find the correct code, use the shortened version to pick a code which seems "acceptably good enough". This risk must be traded against the fact that a shortened list in many respects is handier in practical use.

Therefore we advise a hierarchical three-step level of lists:

- ICD-10 with its definitions of the disorders. (Thus one needs basic knowledge on how to use the ICD-10. Use of the complete ICD-10 classification list may be necessary for some rarer disorders of occupation, for example within occupational dermatology)
- The "Nordic list of occupational disorders"
- Lists which the different clinics, institutions and services can themselves abbreviate from the "Nordic list of occupational disorders" (which is easily done from the data file of the "Nordic list of occupational disorders")

We wanted the "Nordic list of occupational disorders" to cover the disorders most commonly encountered in the practice of Nordic occupational medicine. We therefore assembled seven of the most used lists of occupational disorders from the Nordic occupational clinics and institutions, matched them with each other, exempted the rarer disorders, and included the remaining in the "Nordic list of occupational disorders".

Then the "Nordic list of occupational disorders" was matched with ICD-10 to identify the appropriate ICD-10 codes.

- Most disorders naturally had one and only one corresponding ICD-10 code.
- However, for a few occupational disorders ICD-10 offered more than one alternative code. This occurred within the disorders caused by neurotoxines (mostly solvents) and vibration. Therefore our advice for coding these disorders is given both in the "Nordic list of occupational disorders" and as appendices (I and II).
- We also found it sensible to give our advice for coding of the different asbestos related disorders in the list and in an appendix III.
- It was complicated to find a solution to the coding of "the not well specified conditions dominated by complaints attributed to occupational exposures", but not yet proven to be so. After various discussions and considerations, our advice appears in appendix IV.

We also found difficulties in discriminating between acute and chronic disorders, a separation which is important in occupational medicine. Our advice for acute disorders is that:

- 1) If one symptom is dominating in an acute disorder and the final diagnosis is not clear, this symptom should be coded with an R code, followed by Y96 or Y97.
- 2) If no symptom is dominating, then the acute disorder should be coded with a T-code for toxic effects (T51-65), followed by Y96 or Y97. (Beware that T51-65 is not quite logically presented. One has to look trough these codes to find the most appropriate).

C00 - D48	Neoplasms
	Sarcoptic itch
B86.x	Scabies
	B35.9 Dermatophytosis, unspecified Ringworm NOS
	Microsporum and Trichophyton tinea, any type except those in B36
D 00.	Includes: favus – infections due to species of <i>Epidermophyton</i> ,
B35	Dermatophytosis
	complex [ARC] NOS
	Acquired immunodeficiency syndrome [AIDS] NOS. AIDS-related
D&U -D&H	B24 Unspecified human immunodeficiency virus [HIV] disease
B20 -B24	Human immunodeficiency virus [HIV] disease
	Viral hepatitis NOS
	B19.9 Unspecified viral hepatitis without hepatic coma
	B18.9 Chronic viral hepatitis, unspecified
	Hepatitis non-A non-B (acute) (viral) NEC
	B17.8 Other specified acute viral hepatitis
	Hepatitis B (acute)(viral) NOS
	Hepatitis A (acute)(viral) NOS B16.9 Acute hepatitis B without delta-agent and without hepatic coma
	B15.9 Hepatitis A without hepatic coma
	hepatitis (B00.8), sequelae of viral hepatitis (B94.2)
	Excludes: cytomegaloviral hepatitis (B25.1), herpesviral [herpes simplex]
B15 - B19	Viral hepatitis
B15 - B19	Viral hepatitis
D15 D10	Nephropathia epidemica
	Haemorrhagic fever: epidemic, Korean, Russian, Hantaan virus disease,
	A98.5 Haemorrhagic fever with renal syndrome – nephropathiaepidemica
A98	Other viral haemorrhagic fevers, not elsewhere classified
A 0.0	Erythema migrans Other viral become the size for each and the second s
	JI
HLU	Erysipeloid A26.0 Cutaneous erysipeloid
A20 - A20 A26	
A20 - A28	Certain zoonotic bacterial diseases
	Respiratory tuberculosis NOS. Tuberculosis NOS
	bacteriological or histological confirmation
	A16.9 Respiratory tuberculosis unspecified, without mention of
A10	Respiratory tuberculosis, not confirmed bacteriologically or histologically A16.0 Tuberculosis of lung, bacteriologically and histologically negative
A16	
	histologically
	A15.9 Respiratory tuberculosis unspecified, confirmed bacteriologically and
	without culture
AIJ	Respiratory tuberculosis, bacteriologically and histologically confirmed A15.0 Tuberculosis of lung, confirmed by sputum microscopy with or
A15 - A15 A15	
A15 - A19	Tuberculosis
	(Eaited Julie 2000)
	disorders in the Nordic countries (Edited June 2000)

ICD-10	D-10 ICD-10 codes for the most frequently encountered occup		
		disorders in the Nordic countries	
		(Edited June 2000)	
C16		ant neoplasm of stomach	
	C16.9	Stomach, unspecified	
		Gastric cancer NOS	
C18		ant neoplasm of colon	
	C18.9	Colon, unspecified	
		Large intestine NOS	
C20.x	Maligna	ant neoplasm of rectum	
		Rectal ampulla	
C22	Maligna	ant neoplasm of liver and intrahepatic bile ducts	
		<i>Excludes:</i> biliary tract NOS (C24.9), secondary malignant neoplasm of	
		liver (C78.7)	
	C22.3	Angiosarcoma of liver	
		Kupffer cell sarcoma	
	C22.9	Liver, unspecified	
C30		ant neoplasm of nasal cavity and middle ear	
	C30.0	Nasal cavity	
		Cartilage of nose. Concha, nasal. Internal nose. Septum of nose.	
		Vestibule of nose	
		<i>Excludes:</i> nasal bone (C41.0), nose NOS (C76.0), olfactory bulb(C72.2),	
		<i>posterior</i> margin of nasal septum and choana, skin of nose (C43.3,	
		C44.3)	
C31		ant neoplasm of accessory sinuses	
	C31.9	Accessory sinus, unspecified	
C32	Maligna	ant neoplasm of larynx	
	C32.9	Larynx, unspecified	
C33	Maligna	Malignant neoplasm of trachea	
C34	Maligna	ant neoplasm of bronchus and lung	
	C34.9	Bronchus or lung, unspecified	
C43	Maligna	ant melanoma of skin	
	Ŭ	<i>Includes:</i> morphology codes M872-M879 with behaviour code /3	
		<i>Excludes:</i> malignant melanoma of skin of genital organs (C51-C52, C60,	
		C63)	
	C43.9	Malignant melanoma of skin, unspecified	
		Melanoma (malignant) NOS	
C44	Other n	nalignant neoplasms of skin	
	C44.9	Malignant neoplasm of skin, unspecified	

ICD-10	ICD-	-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
C45	Mesothe	lioma
		<i>Includes:</i> morphology code M905 with behaviour code $/3$
	C45.0	Mesothelioma of pleura
		<i>Excludes:</i> other malignant neoplasms of pleura (C38.4)
	C45.1	Mesothelioma of peritoneum
		Mesentery. Mesocolon. Omentum. Peritoneum (parietal)(pelvic)
	G 45 0	<i>Excludes:</i> other malignant neoplasms of peritoneum (C48)
	C45.2	Mesothelioma of pericardium
	CAFO	Excludes: other malignant neoplasms of pericardium (C38.0)
C67	C45.9	Mesothelioma, unspecified
C07		nt neoplasm of bladder Bladder, unspecified
C81 -C96		nt neoplasms of lymphoid, haematopoietic and related tissue
C81 - C30		n' neoplasms of lympholu, naematopoletic and felated tissue 1's disease
01	Troughi	Includes: morphology codes M965-M966 with behaviour code /3
	C81.9	Hodgkin's disease, unspecified
C85		Id unspecified types of non-Hodgkin's lymphoma
000.		<i>Includes:</i> morphology codes M9590-M9592, M9594, M971 with
		behaviour, code /3
	C85.9	Non-Hodgkin's lymphoma, unspecified type
		Lymphoma NOS. Malignant lymphoma NOS, Non-Hodgkin's
		lymphoma NOS
C91	Lympho	id leukaemia
		Includes: morphology codes M982, M9940-M9941 with behaviour
		code /3
	C91.9	Lymphoid leukaemia, unspecified
C92	Myeloid	leukaemia
		<i>Includes:</i> leukaemia: granulocytic, myelogenous morphology codes
	C 09 0	M986-M988, M9930 with behaviour code /3
D61	C92.9	Myeloid leukaemia, unspecified
D61	Other ap	plastic anaemias Excludes: agrapulacytosis (D70)
	D61.2	<i>Excludes:</i> agranulocytosis (D70) Aplastic anaemia due to other external agents
	D01.2	Use additional external cause code (Chapter XX), if desired, to identify
		cause
	D61.9	Aplastic anaemia, unspecified
		Hypoplastic anaemia NOS. Medullary hypoplasia. Panmyelophthisis
F00 -F99	Mental and behavioural disorders	
F06		ental disorders due to brain damage and dysfunction and to physical
	disease	6 J J
		(Look in ICD-10. There is a long text concerning inclusion and exclusion criteria)
	F06.7	Mild cognitive disorder

ICD-10	ICE	D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
F07		ality and behavioural disorders due to brain disease, damage and
	dysfuno	
		(Look in ICD-10. There is a long text concerning inclusion and exclusion criteria)
	F07.0	Organic personality disorder
	F07.2	Postconcussional syndrome
		Postcontusional syndrome (encephalopathy)
		Post-traumatic brain syndrome, nonpsychotic
	F07.9	Unspecified organic personality and behavioural disorder due to brain
		disease, damage and dysfunction
		Organic psychosyndrome
F32	Depressive episode	
		(Look in ICD-10. There is a long text concerning inclusion and exclusion criteria)
		Includes: single episodes of: depressive reaction, psychogenic depression,
		reactive depression
	F32.9	Depressive episode, unspecified
		Depression NOS. Depressive disorder NOS)
F43	Reactio	on to severe stress, and adjustment disorders
		(Look in ICD-10. There is a long text concerning inclusion and exclusion criteria)
	F43.0	Acute stress reaction
	F43.1	
F45	Somato	form disorders
		(Look in ICD-10. There is a long text concerning inclusion and exclusion criteria)
	F45.0	Somatization disorder
	F45.3	Somatoform autonomic dysfunction
		(hyperventilation - among many other disorders)
	F45.4	Persistent somatoform pain disorder
	F45.9	Somatoform disorder, unspecified
		Psychosomatic disorder NOS

ICD-10	ICD	0-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
F48	Other n	eurotic disorders
		(Look in ICD-10. There is a long text concerning inclusion and exclusion criteria)
	F48.0	Neurasthenia
		Considerable cultural variations occur in the presentation of this disorder, and two main types occur, with substantial overlap. In one type, the main feature is a complaint of increased fatigue after mental effort, often associated with some decrease in occupational performance or coping efficiency in daily tasks. The mental fatiguability is typically described as an unpleasant intrusion of distracting associations or recollections, difficulty in concentrating, and generally inefficient thinking. In the other type, the emphasis is on feelings of bodily or physical weakness and exhaustion after only minimal effort, accompanied by a feeling of muscular aches and pains and inability to relax. In both types a variety of other unpleasant physical feelings is common, such as dizziness, tension headaches, and feelings of general instability. Worry about decreasing mental and bodily well-being, irritability, anhedonia, and varying minor degrees of both depression and anxiety are all common. Sleep is often disturbed in its initial and middle phases but hypersomnia may also be prominent. Fatigue syndrome Use additional code, if desired, to identify previous physical illness. Excludes: asthenia NOS (R53), burn-out (Z73.0), malaise and fatigue (R53), postviral fatigue syndrome (C93.3) psychastbania (E48.8)
	T 40 0	postviral fatigue syndrome (G93.3), psychasthenia (F48.8)
	F48.8	Other specified neurotic disorders Briquet's disorder. Dhat syndrome. <u>Occupational neurosis, including</u> <u>writer's cramp.</u> Psychasthenia. Psychasthenic neurosis. Psychogenic syncope
	F48.9	Neurotic disorder, unspecified
	1.40.2	Neurosis NOS
G00 -G99	Disease	
G12	OP Diseases of the nervous system Spinal muscular atrophy and related syndromes	
G12.	G12.2	Motor neuron disease
		Familial motor neuron disease. Lateral sclerosis: amyotrophic, primary. Progressive: bulbar palsy, spinal muscular atrophy
G21	Second	ary parkinsonism
	G21.2	Secondary parkinsonism due to other external agents Use additional external cause code (Chapter XX), if desired, to identify external agent.
G47	Sleep d	
047.5	Sieep u	<i>Excludes:</i> nightmares (F51.5), nonorganic sleep disorders (F51), sleepterrors (F51.4), sleepwalking (F51.3)]
	G47.1	Disorders of excessive somnolence [hypersomnias]
	G47.3	Sleep apnoea Sleep apnoea: central, obstructive <i>Excludes:</i> pickwickian syndrome (E66.2)
	G47.4	Narcolepsy and cataplexy
	G47.4 G47.9	Sleep disorder, unspecified
	U 47.3	sicch monuci, mispecificu

ICD-10	ICD	-10 codes for the most frequently encountered occupational
		disorders in the Nordic countries
		(Edited June 2000)
G56	Monon	europathies of upper limb
GJU.		<i>Excludes:</i> current traumatic nerve disorder - see nerve injury by body
		region
	G56.0	Carpal tunnel syndrome
	G56.8	Other mononeuropathies of upper limb
		Interdigital neuroma of upper limb
	G56.9	Mononeuropathy of upper limb, unspecified
G57	Monon	europathies of lower limb
		<i>Excludes:</i> current traumatic nerve disorder - see nerve injury by body
		region
	G57.4	Lesion of medial popliteal nerve
	G57.9	Mononeuropathy of lower limb, unspecified
G58		nononeuropathies
	G58.8	Other specified mononeuropathies
G62		olyneuropathies
	G62.2	Polyneuropathy due to other toxic agents
		Use additional external cause code (Chapter XX), if desired, to identify
		toxic agent. <i>(alcohol is excluded G62.1)</i>
	G62.9	Polyneuropathy, unspecified
0.70		Neuropathy NOS
G72	Other n	nyopathies
		Excludes: arthrogryposis multiplex congenita (Q74.3),
		dermatopolymyositis (M33), ischaemic infarction of muscle (M62.2),
	G72.2	myositis (M60), polymyositis (M33.2) Myopathy due to other toxic agents
	G12.2	Use additional external cause code (Chapter XX), if desired, to identify
		toxic agent.
	G72.9	Myopathy, unspecified
G92		ncephalopathy
0.07		Use additional external cause code (Chapter XX), if desired, to identify
		toxic agent.
G93	Other d	isorders of brain
	G93.3	Postviral fatigue syndrome
		Benign myalgic encephalomyelitis
	G93.4	Encephalopathy, unspecified
		<i>Excludes:</i> encephalopathy: alcoholic (G31.2), toxic (G92)
H00 -H59	Disease	s of the eye and adnexa
H04	Disorde	ers of lacrimal system
		<i>Excludes:</i> congenital malformations of lacrimal system (Q10.4-Q10.6)
	H04.1	Other disorders of lacrimal gland
		Dacryops. Dry eye syndrome <i>(Sjögrens sicca syndrom)</i> . Lacrimal: cyst, gland
		atrophy
	H04.2	Epiphora
	H04.8	Other disorders of lacrimal system

ICD-10	ICD-	10 codes for the most frequently encountered occupational
		disorders in the Nordic countries
		(Edited June 2000)
H10	Conjunc	tivitis
	J	<i>Excludes:</i> keratoconjunctivitis (H16.2)
	H10.1	Acute atopic (allergic) conjunctivitis
	H10.2	Other acute conjunctivitis
	H10.4	Chronic conjunctivitis
	H10.9	Conjunctivitis, unspecified
H16	Keratitis	Conjunctivitis, unspecimen
1110	H16.1	Other superficial keratitis without conjunctivitis
	П10.1	
		Keratitis: areolar, filamentary, nummular, stellate, striate, superficial
	1110.0	punctate. Photokeratitis. Snow blindness
	H16.2	Keratoconjunctivitis
		Keratoconjunctivitis: NOS, exposure, neurotrophic, phlyctenular.
		Ophthalmia nodosa. Superficial keratitis with conjunctivitis
	H16.8	Other keratitis
		(keratitis from UV exposure, welding, to be coded here)
	H16.9	Keratitis, unspecified
H26	Other ca	
		<i>Excludes:</i> congenital cataract (Q12.0)
	H26.1	Traumatic cataract
		Use additional external cause code (Chapter XX), if desired, to identify
		cause.
	H26.8	Other specified cataract (caused by radiation to be coded here)
H53	Visual di	isturbances
	H53.1	Subjective visual disturbances
		Asthenopia, Day blindness, Hemeralopia, Metamorphopsia,
		Photophobia, Scintillating scotoma, Sudden visual loss, Visual halos
		<i>Excludes:</i> visual hallucinations (R44.1)
	H53.9	Visual disturbance, unspecified
H60 -H95	Diseases	of the ear and mastoid process
H81		s of vestibular function
		<i>Excludes:</i> vertigo: NOS (R42), epidemic (A88.1)
	H81.0	Ménière's disease
		Labyrinthine hydrops, Ménière's syndrome or vertigo
	H81.9	Disorder of vestibular function, unspecified
		Vertiginous syndrome NOS <i>(see also R42)</i>
H83	Other di	seases of inner ear
1100.	H83.3	Noise effects on inner ear
	1100.0	Acoustic trauma, Noise-induced hearing loss
H93	Other di	sorders of ear, not elsewhere classified
1100	H93.1	Tinnitus
I00 -I99		
		of the circulatory system
I20	Angina p	
	I20.9	Angina pectoris, unspecified
		Angina: NOS, cardiac, Anginal syndrome, Ischaemic chest pain

ICD-10	ICD-10 codes for the most frequently encountered occupational	
		disorders in the Nordic countries
		(Edited June 2000)
I21	Acute r	nyocardial infarction
	I21.9	Acute myocardial infarction, unspecified.
		Myocardial infarction (acute) NOS
I73	Other p	peripheral vascular diseases
	_	<i>Excludes:</i> chilblains (T69.1), frostbite (T33-T35), immersion hand or foot
		(T69.0), spasm of cerebral artery (G45.9)
	I73.0	Raynaud's syndrome
		Raynaud's: disease, gangrene, phenomenon (secondary)
J00 - J99	Disease	es of the respiratory system
J30	Vasom	otor rhinitis
	J30.3	Other allergic rhinitis
		Perennial allergic rhinitis
	J30.4	Allergic rhinitis, unspecified
J31	Chroni	c rhinitis, nasopharyngitis and pharyngitis
	J31.0	Chronic rhinitis
		Ozena, Rhinitis (chronic): NOS, atrophic, granulomatous, hypertrophic,
		obstructive, purulent, ulcerative
		<i>Excludes:</i> rhinitis: allergic (J30.1-J30.4), vasomotor (J30.0)
J34	Other d	lisorders of nose and nasal sinuses
		<i>Excludes:</i> varicose ulcer of nasal septum (I86.8)
	J34.8	Other specified disorders of nose and nasal sinuses
		Perforation of nasal septum NOS, Rhinolith
J37	Chroni	c laryngitis and laryngotracheitis
		Use additional code (B95-B97), if desired, to identify infectious agent.
	J37.0	Chronic laryngitis
		Laryngitis: catarrhal, hypertrophica, sicca
		<i>Excludes:</i> laryngitis: NOS (J04.0), acute (J04.0), obstructive (acute) (J05.0)
	J37.1	Chronic laryngotracheitis
		Laryngitis, chronic, with tracheitis (chronic)
		Tracheitis, chronic, with laryngitis
		<i>Excludes:</i> laryngotracheitis: NOS (J04.2), acute (J04.2). tracheitis: NOS
		(J04.1), acute (J04.1), chronic (J42)
J38	Disease	es of vocal cords and larynx, not elsewhere classified
		<i>Excludes:</i> congenital laryngeal stridor (Q31.4), laryngitis: obstructive
		(acute) (J05.0), ulcerative (J04.0), postprocedural subglottic stenosis
		(J95.5), stridor (R06.1)
	J38.2	Nodules of vocal cords
		Chorditis (fibrinous)(nodosa)(tuberosa), Singer's nodes,
		Teacher's nodes

ICD-10	ICE	D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)	
J39	Other of	liseases of upper respiratory tract	
		<i>Excludes:</i> acute respiratory infection NOS (J22), upper (J06.9), upper respiratory inflammation due to chemicals, gases, fumes or vapour (J68.2)	
	J39.3	Upper respiratory tract hypersensitivity reaction, site unspecified	
	J39.8	Other specified diseases of upper respiratory tract	
	J39.9	Disease of upper respiratory tract, unspecified	
J40 -J47	Chroni	c lower respiratory diseases	
J42		cified chronic bronchitis	
	-	Chronic: bronchitis NOS, tracheitis, tracheobronchitis	
		<i>Excludes:</i> chronic: asthmatic bronchitis (J44), bronchitis: simple and	
		mucopurulent (J41), with airways obstruction (J44), emphysematous	
		bronchitis (J44), obstructive pulmonary disease NOS (J44.9)	
J43	Emphy	Emphysema	
		<i>Excludes:</i> emphysema: compensatory (J98.3), due to inhalation of chemicals, gases, fumes or vapours (J68.4), interstitial (J98.2), mediastinal (J98.2), surgical (subcutaneous) (T81.8), traumatic subcutaneous (T79.7), with chronic (obstructive) bronchitis (J44), emphysematous (obstructive) bronchitis (J44)	
	J43.8	Other emphysema	
		(induced by dust)	
J44	Other of	chronic obstructive pulmonary disease	
		<i>Includes:</i> chronic: bronchitis: asthmatic (obstructive), emphysematous with: airways obstruction, emphysema. obstructive: asthma, bronchitis tracheobronchitis	
		Excludes: asthma (J45), asthmatic bronchitis NOS (J45.9), bronchiectasis	
		(J47), chronic: bronchitis: NOS (J42), simple and mucopurulent (J41),	
		tracheitis (J42), tracheobronchitis (J42), emphysema (J43), lung diseases	
		due to external agents (J60-J70)	
	J44.8	Other specified chronic obstructive pulmonary disease	
		Chronic bronchitis: asthmatic (obstructive) NOS, emphysematous NOS,	
		obstructive NOS	
		(induced by dust)	

ICD-10	ICD	-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
J45	Asthma	
		<i>Excludes:</i> acute severe asthma (J46), chronic asthmatic (obstructive) bronchitis (J44), chronic obstructive asthma (J44), eosinophilic asthma (J82), lung diseases due to external agents (J60-J70), status asthmaticus(J46)
	J45.0	Predominantly allergic asthma Allergic: bronchitis NOS, rhinitis with asthma, Atopic asthma, Extrinsic allergic asthma, Hay fever with asthma
	J45.1	Nonallergic asthma
		Idiosyncratic asthma, Intrinsic nonallergic asthma
	J45.8	Mixed asthma
		Combination of conditions listed in J45.0 and J45.1
	J45.9	Asthma, unspecified
700 770	- 1	Asthmatic bronchitis NOS, Late-onset asthma
J60 -J70	<u> </u>	iseases due to external agents
J60	Coalwo	rker's pneumoconiosis
		Anthracosilicosis, Anthracosis, Coalworker's lung
104		<i>Excludes:</i> with tuberculosis (J65)
J61	Pneumo	oconiosis due to asbestos and other mineral fibres
		As best os is $E_{\rm res} = E_{\rm res} = E_$
		<i>Excludes:</i> pleural plaque with asbestosis (J92.0), pleural plaque without asbestos (J92.9), with tuberculosis (J65)
J62	Pneumo	oconiosis due to dust containing silica
		Includes: silicotic fibrosis (massive) of lung
		<i>Excludes:</i> pneumoconiosis with tuberculosis (J65)
	J62.0	Pneumoconiosis due to talc dust
	J62.8	Pneumoconiosis due to other dust containing silica Silicosis NOS
J63	Pneumo	oconiosis due to other inorganic dusts
		<i>Excludes:</i> with tuberculosis (J65)
	J63.0	Aluminosis (of lung)
	J63.1	Bauxite fibrosis (of lung)
	J63.2	Berylliosis
	J63.3	Graphite fibrosis (of lung)
	J63.4	Siderosis
	J63.5	Stannosis
	J63.8	Pneumoconiosis due to other specified inorganic dusts

ICD-10	ICE	D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
J66	Airway	disease due to specific organic dust <i>Excludes:</i> bagassosis (J67.1), farmer's lung (J67.0), hypersensitivity pneumonitis due to organic dust (J67), reactive airways dysfunction syndrome (J68.3)
	J66.0	Byssinosis
	J66.8	Airway disease due to cotton dust Airway disease due to other specific organic dusts <i>(organic dust toxic syndrome, ODTS)(not yet used in Norway)</i>
J67	Hypers	 ensitivity pneumonitis due to organic dust <i>Includes:</i> allergic alveolitis and pneumonitis due to inhaled organic dust and particles of fungal, actinomycetic or other origin <i>Excludes:</i> pneumonitis due to inhalation of chemicals, gases, fumes or vapours (J68.0)
	J67.0	Farmer's lung Harvester's lung, Haymaker's lung, Mouldy hay disease
	J67.1	Bagassosis Bagasse: disease, pneumonitis
	J67.2	Bird fancier's lung Budgerigar fancier's disease or lung, Pigeon fancier's disease or lung
	J67.3	Suberosis Corkhandler's disease or lung, Corkworker's disease or lung
	J67.4	Maltworker's lung Alveolitis due to <i>Aspergillus davatus</i>
	J67.5	Mushroom-worker's lung
	J67.6	Maple-bark-stripper's lung
	107 7	Alveolitis due to <i>Cryptostroma corticale</i> , Cryptostromosis
	J67.7	Air-conditioner and humidifier lung Allergic alveolitis due to fungi, thermophilic actinomycetes and other organisms growing in ventilation [air-conditioning] systems
	J67.8	Hypersensitivity pneumonitis due to other organic dusts Cheese-washer's lung, Coffee-worker's lung, Fishmeal-worker's lung Furrier's lung, Sequoiosis
	J67.9	Hypersensitivity pneumonitis due to unspecified organic dust Allergic alveolitis (extrinsic) NOS, Hypersensitivity pneumonitis NOS

ICD-10	ICE	D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)		
J68	Respira vapours	Respiratory conditions due to inhalation of chemicals, gases, fumes and		
	vapours	Use additional external cause code (Chapter XX), if desired, to identify		
	J68.0	cause. Bronchitis and pneumonitis due to chemicals, gases, fumes and		
		vapours Chemical bronchitis (acute)		
	J68.1	Acute pulmonary oedema due to chemicals, gases, fumes and		
		vapours Chemical pulmonary oedema (acute)		
	J68.2	Upper respiratory inflammation due to chemicals, gases, fumes and		
		vapours, not elsewhere classified		
	J68.3	Other acute and subacute respiratory conditions due to chemicals,		
		gases, fumes and vapours Reactive airways dysfunction syndrome		
	J68.4	Chronic respiratory conditions due to chemicals, gases, fumes and		
		vapours Emplusame (diffuse) (chronic) Obliterative branchiclitic (chronic)		
		Emphysema (diffuse)(chronic)-, Obliterative bronchiolitis (chronic) (subacute)-, Pulmonary fibrosis (chronic) due to inhalation of chemicals,		
		gases, fumes and vapours		
	J68.8	Other respiratory conditions due to chemicals, gases, fumes and		
	J68.9	vapours Unspecified respiratory condition due to chemicals, gases, fumes and		
	000.0	vapours		
J70	Respira	tory conditions due to other external agents		
		Use additional external cause code (Chapter XX), if desired, to identify cause.		
	J70.1	Chronic and other pulmonary manifestations due to radiation Fibrosis of lung following radiation		
	J70.8	Respiratory conditions due to other specified external agents		
10.4	J70.9	Respiratory conditions due to unspecified external agent		
J84	Other in	nterstitial pulmonary diseases <i>Excludes:</i> drug-induced interstitial lung disorders (J70.2-J70.4), interstitial		
J90	Plaural	emphysema (J98.2), lung diseases due to external agents (J60-J70) effusion, not elsewhere classified		
300	1 Kulai	Pleurisy with effusion		
		<i>Excludes:</i> chylous (pleural) effusion (J94.0), pleurisy NOS (R09.1)		
		tuberculous (A15-A16) (Asbestos related pleural effusion)		
J91*	Pleural			
J92	Pleural			
	Teo a	Includes: pleural thickening		
	197.9			
J91* J92				

ICD-10	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)	
J94	Other pleural conditions	
	<i>Excludes:</i> pleurisy: NOS (R09.1),traumatic: haemopneumothorax (S27.2)
	haemothorax (S27.1), tuberculous pleural conditions (current disease) (A15-A16)	
	J94.8 Other specified pleural conditions	
	Hydrothorax	
	(visceral pleural fibrosis, asbestos related adherances)	
K20 -K31	Diseases of oesophagus, stomach and duodenum	
K29	Gastritis and duodenitis	
	K29.9 Gastroduodenitis, unspecified	
K70 - K77	Diseases of liver	
K71	Toxic liver disease	
	Includes: drug-induced: idiosyncratic (unpredictable) liver disease, toxic	
	(predictable) liver disease Use additional external cause code (Chapter	
	XX), if desired, to identify toxic agent.	
	<i>Excludes:</i> alcoholic liver disease (K70), Budd-Chiari syndrome (I82.0)	
	K71.6 Toxic liver disease with hepatitis, not elsewhere classified	
	K71.7 Toxic liver disease with fibrosis and cirrhosis of liver	
	K71.9 Toxic liver disease, unspecified	
K77*	Liver disorders in diseases classified elsewhere	
	K77.8* Liver disorders in other diseases classified elsewhere	
	Hepatic granulomas in: berylliosis (J63.2+), sarcoidosis (D86.8+)	
L00 -L08	Infections of the skin and subcutaneous tissue	
L02	Cutaneous abscess, furuncle and carbuncle	
	<i>Includes:</i> boil, furunculosis	
	<i>Excludes:</i> anal and rectal regions (K61), genital organs (external): femal	le
	(N76.4), male (N48.2, N49)	
	L02.9 Cutaneous abscess, furuncle and carbuncle, unspecified	
	Furunculosis NOS	
L08	Other local infections of skin and subcutaneous tissue	
	L08.1 Erythrasma	
L20 -L30	Dermatitis and eczema	

ICD-10	ICE	D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
L23	Allergic	c contact dermatitis
	_	<i>Includes:</i> allergic contact eczema
		<i>Excludes:</i> allergy NOS (T78.4), dermatitis (of): NOS (L30.9), contact NOS
		(L25.9), due to substances taken internally (L27), eyelid (H01.1), irritant
		contact (L24), perioral (L71.0), eczema of external ear (H60.5),
		radiation-related disorders of the skin and subcutaneous tissue (L55-L59)
	L23.0	Allergic contact dermatitis due to metals
		Chromium, Nickel
	L23.1	Allergic contact dermatitis due to adhesives
	L23.2	Allergic contact dermatitis due to cosmetics
	L23.3	Allergic contact dermatitis due to drugs in contact with skin
		Use additional external cause code (Chapter XX), if desired, to identify
		drug.
		Excludes: allergic reaction NOS due to drugs (T88.7), dermatitis due to
		ingested drugs and medicaments (L27.0-L27.1)
	L23.4	Allergic contact dermatitis due to dyes
	L23.5	Allergic contact dermatitis due to other chemical products
	T 00 0	Cement, Insecticide, Plastic, Rubber
	L23.6	Allergic contact dermatitis due to food in contact with skin
	T 00 7	<i>Excludes:</i> dermatitis due to ingested food (L27.2)
	L23.7	Allergic contact dermatitis due to plants, except food
	L23.8	Allergic contact dermatitis due to other agents
	L23.9	Allergic contact dermatitis, unspecified cause
		Allergic contact eczema NOS

ICD-10	ICD	-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
L24	Irritant	contact dermatitis
		<i>Includes:</i> irritant contact eczema
		<i>Excludes:</i> allergy NOS (T78.4), dermatitis (of): NOS (L30.9), allergic
		contact (L23), contact NOS (L25.9), due to substances taken internally
		(L27), eyelid (H01.1), perioral (L71.0), eczema of external ear (H60.5),
	1040	radiation-related disorders of the skin and subcutaneous tissue (L55-L59)
	L24.0	Irritant contact dermatitis due to detergents
	L24.1	Irritant contact dermatitis due to oils and greases
	L24.2	Initant contact dermatitis due to solvents
		Solvents: chlorocompound, cyclohexane, ester, glycol, hydrocarbon, ketones
	L24.3	Irritant contact dermatitis due to cosmetics
	L24.3 L24.4	Irritant contact dermatitis due to cosmetics Irritant contact dermatitis due to drugs in contact with skin
	L&4,4	Use additional external cause code (Chapter XX), if desired, to identify
		drug.
		<i>Excludes:</i> allergic reaction NOS due to drugs (T88.7), dermatitis due to
		ingested drugs and medicaments (L27.0-L27.1)
	L24.5	Irritant contact dermatitis due to other chemical products
		Cement, Insecticide
	L24.6	Irritant contact dermatitis due to food in contact with skin
		<i>Excludes:</i> dermatitis due to ingested food (L27.2)
	L24.7	Irritant contact dermatitis due to plants, except food
	L24.8	Irritant contact dermatitis due to other agents
		Dyes
	L24.9	Irritant contact dermatitis, unspecified cause
		Irritant contact eczema NOS

ICD-10	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)	
L25	Unspecified contact dermatitis	
	Includes: unspecified contact eczema	
	Excludes: allergy NOS (T78.4), dermatitis (of): NOS (L30.9), allergic	1)
	contact (L23), due to substances taken internally (L27), eyelid (H01.1 irritant contact (L24), perioral (L71.0), eczema of external ear (H60.5),	
	radiation-related disorders of the skin and subcutaneous tissue (L55-L59	
	L25.0 Unspecified contact dermatitis due to cosmetics	•)
	L25.1 Unspecified contact dermatitis due to drugs in contact with skin	
	Use additional external cause code (Chapter XX), if desired, to identify drug.	
	<i>Excludes:</i> allergic reaction NOS due to drugs (T88.7), dermatitis due to	
	ingested drugs and medicaments (L27.0-L27.1)	
	L25.2 Unspecified contact dermatitis due to dyes	
	L25.3 Unspecified contact dermatitis due to other chemical products Cement, Insecticide	
	L25.4 Unspecified contact dermatitis due to food in contact with skin	
	<i>Excludes:</i> dermatitis due to ingested food (L27.2)	
	L25.5 Unspecified contact dermatitis due to plants, except food	
	L25.8 Unspecified contact dermatitis due to other agents	
	L25.9 Unspecified contact dermatitis, unspecified cause	
L30	Contact: dermatitis (occupational) NOS, eczema (occupational) NOS Other dermatitis	
L30	<i>Excludes:</i> dermatitis: contact (L23-L25), dry skin (L85.3), small plaque	
	parapsoriasis (L41.3), stasis dermatitis (I83.1-I83.2)	
	L30.9 Dermatitis, unspecified	
	Eczema NOS	
L40	Psoriasis	
	L40.0 Psoriasis vulgaris	
	Nummular psoriasis, Plaque psoriasis	
L50 -L54	Urticaria and erythema	
L50	Urticaria	
	<i>Excludes:</i> allergic contact dermatitis (L23), angioneurotic oedema(T78.3)	\$),
	hereditary angio-oedema (E84.1), Quincke's oedema(T78.3), urticaria:	
	giant (T78.3), papulosa (L28.2), pigmentosa (Q82.2), serum (T80.6), sola (L56.3)	ar
	L50.0 Allergic urticaria	
	L50.4 Vibratory urticaria	
	L50.6 Contact urticaria	
	L50.8 Other urticaria	
1.50	Urticaria: chronic, recurrent periodic	
L56	Other acute skin changes due to ultraviolet radiation	
	L56.2 Photocontact dermatitis [berloque dermatitis]	
	L56.4 Polymorphous light eruption	

ICD-10	ICD-10 codes for the most frequently encountered occupational		
1		disorders in the Nordic countries	
1	1	(Edited June 2000)	
T 6 7			
L57		inges due to chronic exposure to nonionizing radiation	
ļ	L57.8	Other skin changes due to chronic exposure to nonionizing radiation	
1.50	D '' '	Farmer's skin, Sailor's skin, Solar dermatitis	
L58	Radiode		
ļ	L58.0	Acute radiodermatitis	
ļ	L58.1	Chronic radiodermatitis Padiodermatitic unspecified	
1 70	L58.9	Radiodermatitis, unspecified	
L70	Acne	Evoludos conclusid (I 72 0)	
ļ	I 70 0	<i>Excludes:</i> acne keloid (L73.0)	
ļ	L70.8	Other acne (includes acno caused by ails)	
1 09	[]	(includes acne caused by oils) matous disorders of skin and subcutaneous tissue	
L92	GIANUIO		
ļ	L92.3	<i>Excludes:</i> actinic granuloma (L57.5) Foreign body granuloma of skin and subcutaneous tissue	
M00-M99		Foreign body granuloma of skin and subcutaneous tissue s of the musculoskeletal system and connective tissue	
M00-M99 M10	Diseases Gout	, or the musculosheletal system and connective ussue	
14110	JUUL	[See site code pages 628-629]	
ļ	M10.1	Lead-induced gout	
M13	Other ar		
	Juiti al	[See site code pages 628-629]	
		<i>Excludes:</i> arthrosis (M15-M19)	
	M13.8	Other specified arthritis	
		Allergic arthritis	
	M13.9	Arthritis, unspecified	
		Arthropathy NOS	
M15	Polyarth		
		Includes: arthrosis with mention of more than one site	
		<i>Excludes:</i> bilateral involvement of single joint (M16-M19)	
	M15.9	Polyarthrosis, unspecified	
		Generalized osteoarthritis NOS	
M16	Coxarth	rosis [arthrosis of hip]	
	M16.9	Coxarthrosis, unspecified	
M17		rosis [arthrosis of knee]	
	M17.9	Gonarthrosis, unspecified	
M18		s of first carpometacarpal joint	
	M18.9	Arthrosis of first carpometacarpal joint, unspecified	
M19	Other ar		
		[See site code pages 628-629]	
		Excludes: arthrosis of spine (M47), hallux rigidus (M20.2), polyarthrosis	
	3	(M15)	
	M19.2	Other secondary arthrosis	
	MAG	Secondary arthrosis NOS	
	M19.8	Other specified arthrosis	
	MAG	(code for arthrosis in the carpal- and elbow regions caused by vibration)	
	M19.9	Arthrosis, unspecified	

ICD-10	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
M23	 Internal derangement of knee (see ICD-10 for site of involvement, if needed) Excludes: ankylosis (M24.6), current injury - see injury to the knee and lower leg (S80-S89), deformity of knee (M21), disorders of patella (M22), osteochondritis dissecans (M93.2), recurrent dislocation or subluxation (M24.4), patella (M22.0-M22.1) M23.9 Internal derangement of knee, unspecified
M25	Other joint disorders, not elsewhere classified [See site code pages 628-629] <i>Excludes:</i> abnormality of gait and mobility (R26), calcification of: bursa (M71.4), shoulder (joint) (M75.3), tendon (M65.2), deformities classified to M20-M21, difficulty in walking (R26.2)M25.5Pain in joint
M34	M25.9 Joint disorder, unspecified Systemic sclerosis Includes: scleroderma Excludes: scleroderma: circumscribed (L94.0) M34.2 Systemic sclerosis induced by drugs and chemicals Use additional external cause code (Chapter XX), if desired, to identify cause.
M35	Other systemic involvement of connective tissue Excludes: reactive perforating collagenosis (L87.1) M35.0 Sicca syndrome [Sjögren] Sjögren's syndrome with: keratoconjunctivitis+ (H19.3*), lunginvolvement+ (J99.1*), myopathy+ (G73.7*), renal tubulo-interstitial disorders+ (N16.4*)
M51	Other intervertebral disc disorders Includes: thoracic, thoracolumbar and lumbosacral disc disorders M51.1 Lumbar and other intervertebral disc disorders with radiculopathy Sciatica due to intervertebral disc disorder Excludes: lumbar radiculitis NOS (M54.1)
M53	Other dorsopathies, not elsewhere classified [See site code page 649] M53.1 Cervicobrachial syndrome Excludes: cervical disc disorder (M50), thoracic outlet syndrome (G54.0) (G54.0)
M54	Dorsalgia [See site code page 649] <i>Excludes:</i> psychogenic dorsalgia (F45.4) M54.2 Cervicalgia
	<i>Excludes:</i> cervicalgia due to intervertebral cervical disc disorder (M50)M54.4Lumbago with sciatica <i>Excludes:</i> that due to intervertebral disc disorder (M51.1)

ICD-10	ICD	-10 codes for the most frequently encountered occupational disorders in the Nordic countries
1		(Edited June 2000)
M65	Svnoviti	is and tenosynovitis
11100	Synoviu	[See site code pages 628-629]
l		<i>Excludes:</i> chronic crepitant synovitis of hand and wrist (M70.0), current
		injury - see injury of ligament or tendon by body region, soft tissue
l		disorders related to use, overuse and pressure (M70)
l	M65.4	Radial styloid tenosynovitis [de Quervain]
	M65.9	Synovitis and tenosynovitis, unspecified
M70		sue disorders related to use, overuse and pressure
. = •		[See site code pages 628-629]
l		<i>Includes:</i> soft tissue disorders of occupational origin
l		<i>Excludes:</i> bursitis (of): NOS (M71.9), shoulder (M75.5)enthesopathies
l		(M76-M77)
l	M70.0	Chronic crepitant synovitis of hand and wrist
l	M70.2	Olecranon bursitis
l	M70.4	Prepatellar bursitis
l	M70.6	Trochanteric bursitis
l		Trochanteric tendinitis
l	M70.8	Other soft tissue disorders related to use, overuse and pressure
	M70.9	Unspecified soft tissue disorder related to use, overuse and pressure
M75	Shoulde	er lesions
l		<i>Excludes:</i> shoulder-hand syndrome (M89.0)
l	M75.0	Adhesive capsulitis of shoulder
l		Frozen shoulder, Periarthritis of shoulder
l	M75.1	Rotator cuff syndrome
		Rotator cuff or supraspinatus tear or rupture (complete)(incomplete),
	* * *** *	not specified as traumatic, Supraspinatus syndrome
	M75.2	Bicipital tendinitis Coloife tendinitis of shoulder
	M75.3	Calcific tendinitis of shoulder
		Calcified bursa of shoulder
	M75.5 M75.8	Bursitis of shoulder Other shoulder lesions
	M75.8 M75.9	Other shoulder lesions Shoulder lesion unspecified
	M75.9	Shoulder lesion, unspecified
M77		(exclude shoulder-hand-syndrome: M89.0)
M77	Uner e	nthesopathies [See site code pages 628-629]
		[See site code pages 628-629] Excludes: bursitis: NOS (M71.9), due to use overuse and pressure (M70)
		Excludes: bursitis: NOS (M71.9), due to use, overuse and pressure (M70), osteophyte (M25.7), spinal enthesopathy (M46.0)
	M77.0	osteophyte (M25.7), spinal enthesopathy (M46.0) Medial epicondylitis
	М77.0 М77.1	Lateral epicondylitis
	141/1.1	Tennis elbow
	M77.9	Enthesopathy, unspecified
	TAT (1.A	Bone spur NOS, Capsulitis NOS, Periarthritis NOS, Tendinitis NOS
		$\underline{\qquad}$ Done spur 1905, Capsunds 1905, I chardina 1905, I chardina 1905, I chardina 1905, I chardina 1905

ICD-10	ICD-10 codes for the most frequently encountered occupational		
		disorders in the Nordic countries	
		(Edited June 2000)	
M79	Other s	oft tissue disorders, not elsewhere classified	
		[See site code pages 628-629]	
		<i>Excludes:</i> soft tissue pain, psychogenic (F45.4)	
	M79.0	Rheumatism, unspecified	
		Fibromyalgia, Fibrositis	
		<i>Excludes:</i> palindromic rheumatism (M12.3)	
	M79.1	Myalgia	
		<i>Excludes:</i> myositis (M60)	
N14	Drug- a	nd heavy-metal-induced tubulo-interstitial and tubular conditions	
		Use additional external cause code (Chapter XX), if desired, to identify toxic	
		agent.	
	N14.3	Nephropathy induced by heavy metals	
	N14.4	Toxic nephropathy, not elsewhere classified	
R00 - R09	Sympto	ms and signs involving the circulatory and respiratory systems	
R04		nhage from respiratory passages	
	R04.0	Epistaxis	
		Haemorrhage from nose, Nosebleed	
R05.x	Cough		
		<i>Excludes:</i> cough with haemorrhage (R04.2), psychogenic cough (F45.3)	
R06	Abnorm	alities of breathing	
		Excludes: respiratory: arrest (R09.2), distress (syndrome)(of): adult (J80),	
		newborn (P22), failure (J96)	
	R06.0	Dyspnoea	
		Orthopnoea, Shortness of breath	
	R06.8	Other and unspecified abnormalities of breathing	
		Apnoea NOS, Breath-holding (spells), Choking sensation, Sighing	
		Excludes: apnoea (of): sleep (G47.3)	
R07.0	Pain in	throat and chest	
		<i>Excludes:</i> dysphagia (R13), epidemic myalgia (B33.0), pain in: breast (N64.4),	
		neck (M54.2), sore throat (acute) NOS (J02.9)	
	R07.0	Pain in throat	
	R07.1	Chest pain on breathing	
		Painful respiration	
R10 -R19	Sympto	ms and signs involving the digestive system and abdomen	
R10		inal and pelvic pain	
		<i>Excludes:</i> dorsalgia (M54), flatulence and related conditions (R14), renal	
		colic (N23)	
	R10.1	Pain localized to upper abdomen	
		Epigastric pain	
	R10.4	Other and unspecified abdominal pain	
		Abdominal tenderness NOS, Colic: NOS	
R11	Nausea	and vomiting	
		<i>Excludes:</i> haematemesis (K92.0), vomiting (of): following gastrointestinal	
		surgery (K91.0), psychogenic (F50.5).	
	1		

ICD-10	ICD	-10 codes for the most frequently encountered occupational
		disorders in the Nordic countries
		(Edited June 2000)
D4.0		
R16		megaly and splenomegaly, not elsewhere classified
	R16.0	Hepatomegaly, not elsewhere classified
		Hepatomegaly NOS
R17		ified jaundice
R19		mptoms and signs involving the digestive system and abdomen
	R19.8	Other specified symptoms and signs involving the digestive system
		and abdomen
R20 -R23		ms and signs involving the skin and subcutaneous tissue
R20	Disturba	ances of skin sensation
		<i>Excludes:</i> dissociative anaesthesia and sensory loss (F44.6), psychogenic
		disturbances (F45.8)
	R20.0	Anaesthesia of skin
	R20.2	Paraesthesia of skin
		Formication, Pins and needles, Tingling skin
		<i>Excludes:</i> acroparaesthesia (I73.8)
R23		kin changes
	R23.0	Cyanosis
		<i>Excludes:</i> acrocyanosis (I73.8), cyanotic attacks of newborn (P28.2)
	R23.4	Changes in skin texture
		Desquamation, Induration of skin, Scaling
		<i>Excludes:</i> epidermal thickening NOS (L85.9)
	R23.8	Other and unspecified skin changes
R25 -R29		ms and signs involving the nervous and musculoskeletal systems
R25	Abnorm	al involuntary movements
		Excludes: specific movement disorders (G20-G26), stereotyped movement
		disorders (F98.4), tic disorders (F95)
	R25.0	Abnormal head movements
	R25.3	Fasciculation
		Twitching NOS
R26	Abnorm	nalities of gait and mobility
		<i>Excludes:</i> ataxia: NOS (R27.0), hereditary (G11), locomotor (syphilitic)
		(A52.1), immobility syndrome (paraplegic) (M62.3)
	R26.0	Ataxic gait
	Dan -	Staggering gait
	R26.2	Difficulty in walking, not elsewhere classified
	R26.8	Other and unspecified abnormalities of gait and mobility
D 0 Z		Unsteadiness on feet NOS
R27	Other la	ick of coordination
	D 0 T 0	<i>Excludes:</i> ataxic gait (R26.0), hereditary ataxia (G11), vertigo NOS (R42)
	R27.0	Ataxia, unspecified
Det	R27.8	Other and unspecified lack of coordination
R31.x		ified haematuria
R40 -R46		ms and signs involving cognition, perception, emotional state and
	behavio	ur

ICD-10	ICD	0-10 codes for the most frequently encountered occupational	
	disorders in the Nordic countries (Edited June 2000)		
R40	Somnol	ence, stupor and coma	
1010.	Sommo	<i>Excludes:</i> coma: diabetic (E10-E14 with common fourth character .0),	
		hepatic (K72) hypoglycaemic (nondiabetic) (E15), uraemic (N19)	
	R40.0	Somnolence	
		Drowsiness	
	R40.1	Stupor	
		Semicoma	
		<i>Excludes:</i> stupor: catatonic (F20.2), depressive (F31-F33), dissociative	
		(F44.2), manic (F30.2)	
	R40.2	Coma, unspecified	
		Unconsciousness NOS	
		(among others - from exposure to toxic materials)	
R41	Other s	ymptoms and signs involving cognitive functions and awareness	
		Excludes: dissociative [conversion] disorders (F44)	
	R41.3	Other amnesia	
		Amnesia NOS	
		<i>Excludes:</i> amnestic syndrome: due to psychoactive substance use (F10-	
		F19 with common fourth character .6); organic (F04); transient global	
		amnesia (G45.4)	
	R41.8	Other and unspecified symptoms and signs involving cognitive	
		functions and awareness	
R42	Dizzine	ess and giddiness	
		Lightheadedness, Vertigo NOS	
		Excludes: vertiginous syndromes (H81)	
R43		ances of smell and taste	
	R43.0	Anosmia	
	R43.1	Parosmia	
	R43.8	Other and unspecified disturbances of smell and taste	
DAC	C 1	Mixed disturbance of smell and taste	
R45	•	ms and signs involving emotional state	
	R45.0	Nervousness	
	D 45 C	Nervous tension	
	R45.6 R45.7	Physical violence State of emotional shock and stress, unspecified	
	К4 Ј. /	(Includes acute reactive shock disorder (see Z56.6))	
R49	Voice d	isturbances	
1.45	voice u	<i>Excludes:</i> psychogenic voice disturbance (F44.4)	
	R49.0	Dysphonia	
	IV-1J.U	Hoarseness	
	R49.8	Other and unspecified voice disturbances	
	1.10.0	Change in voice NOS	
R51	Headao	0	
101	Traual	Facial pain NOS	
		<i>Excludes:</i> atypical facial pain (G50.1), migraine and other headache	
		syndromes (G43-G44), trigeminal neuralgia (G50.0)	

ICD-10	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
R52	Acute pain
	R52.9 Pain, unspecified
	Generalized pain NOS
R53	Malaise and fatigue
	Asthenia NOS, Debility: NOS, chronic, nervous; General physical
	deterioration, Lethargy, Tiredness
	Excludes: debility: congenital (P96.9), senile (R54), exhaustion and fatigue
	(due to) (in): combat (F43.0), excessive exertion (T73.3), exposure $(T72.2)$ hast $(T67.2)$ represented by a subscript (T48.0).
	(T73.2), heat (T67), neurasthenia (F48.0), fatigue syndrome (F48.0):
R55.x	postviral (G93.3)
KJJ.X	Syncope and collapse Blackout, Fainting
	Excludes: neurocirculatory asthenia (F45.3), orthostatic hypotension
	(I95.1), neurogenic (G90.3), shock: NOS (R57.9), cardiogenic (R57.0),
	postoperative (T81.1), Stokes-Adams attack (I45.9), syncope: carotid
	sinus (G90.0), heat (T67.1), psychogenic (F48.8), unconsciousness NOS
	(R40.2)
R61	Hyperhidrosis
	R61.9 Hyperhidrosis, unspecified
	Excessive sweating, Night sweats
R68	Other general symptoms and signs
	R68.8 Other specified general symptoms and signs
	(suggested/recommended for multisymptomatic "idiopathic/environmental intolerance"
	(IEI), including "multiple chemical sensitivity" (MCS); "electromagnetic
	intolerance" ("el-allergy") etc. if the patient has not one major symptom which should
R70 - R79	<u>preferably be coded</u>) Abnormal findings on examination of blood, without diagnosis
R74	Abnormal serum enzyme levels
1074	R74.0 Elevation of levels of transaminase and lactic acid dehydrogenase
	[LDH]
R77	Other abnormalities of plasma proteins
	<i>Excludes:</i> disorders of plasma-protein metabolism (E88.0)
	R77.2 Abnormality of alpha-fetoprotein
R79	Other abnormal findings of blood chemistry
	R79.0 Abnormal level of blood mineral
	<i>lead,</i> cobalt, copper, iron, magnesium, mineral NEC, zinc
R90 - R94	Abnormal findings on diagnostic imaging and in function studies, without diagnosis
R94	Abnormal results of function studies
	R94.2 Abnormal results of pulmonary function studies
	Reduced: ventilatory capacity, vital capacity, bronchial hyperreactivity
SOO - T98	CHAPTER XIX
	Injury, poisoning and certain other consequences of external cause
T20 - T32	Burns and corrosions

ICD-10	ICD	0-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
<i>T33 - T35</i>	Frostbite	
		<i>Excludes:</i> hypothermia and other effects of reduced temperature (T68-T69)
T51 - T65 Toxic effects of sub		ffects of substances chiefly nonmedicinal as to source
		(to be used in addition to the diagnosis in acute and non specific disorders)
T51 Toxic		ffect of alcohol
	T51.0	Ethanol
		Ethyl alcohol
		<i>Excludes:</i> acute alcohol intoxication or "hangover" effects (F10.0),
		drunkenness (F10.0), pathological alcohol intoxication (F10.0)
	T51.1	Methanol
		Methyl alcohol
	T51.9	Alcohol, unspecified
		(Accidental poisoning from alcohol other than methyl and ethyl alcohol. Voluntary
		intake resulting in intoxication - se F disorders.)
T52	Toxic effect of organic solvents	
		<i>Excludes:</i> halogen derivatives of aliphatic and aromatic hydrocarbons
		(T53)
	T52.0	Petroleum products
		Gasoline [petrol], Kerosine [paraffin oil], Paraffin wax, Petroleum: ether,
		naphtha, spirits
	T52.1	Benzene
		<i>Excludes:</i> homologues of benzene (T52.2), nitroderivatives and
		aminoderivatives of benzene and its homologues (T65.3)
	T52.2	Homologues of benzene
		Toluene [methylbenzene], Xylene [dimethylbenzene]
	T52.3	Glycols
	T52.4	Ketones
	T52.8	Other organic solvents
	T52.9	Organic solvent, unspecified

ICD-10	ICD	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)	
T53	Toxic e	ffect of halogen derivatives of aliphatic and aromatic hydrocarbons	
	T53.0	Carbon tetrachloride	
		Tetrachloromethane	
	T53.1	Chloroform	
		Trichloromethane	
	T53.2	Trichloroethylene	
		Trichloroethene	
	T53.3	Tetrachloroethylene	
		Perchloroethylene, Tetrachloroethene	
	T53.4	Dichloromethane	
		Methylene chloride	
	T53.5	Chlorofluorocarbons	
	T53.6	Other halogen derivatives of aliphatic hydrocarbons	
	T53.7	Other halogen derivatives of aromatic hydrocarbons	
	T53.9	Halogen derivative of aliphatic and aromatic	
		hydrocarbons, unspecified	
T54	Toxic effect of corrosive substances		
	T54.0	Phenol and phenol homologues	
	T54.1	Other corrosive organic compounds	
	T54.2	Corrosive acids and acid-like substances	
		Acid: hydrochloric, sulfuric	
	T54.3	Corrosive alkalis and alkali-like substances	
		Potassium hydroxid, Sodium hydroxide	
	T54.9	Corrosive substance, unspecified	
T56	Toxic e	ffect of metals	
		<i>Includes:</i> fumes and vapours of metals, metals from all sources, except	
		medicinal substances	
		Excludes: arsenic and its compounds (T57.0), manganese and its	
		compounds (T57.2), thallium (T60.4)	
	T56.0	Lead and its compounds	
	T56.1	Mercury and its compounds	
	T56.2	Chromium and its compounds	
	T56.3	Cadmium and its compounds	
	T56.4	Copper and its compounds	
	T56.5	Zinc and its compounds	
	T56.6	Tin and its compounds	
	T56.7	Beryllium and its compounds	
	T56.8	Other metals	
	T56.9	Metal, unspecified	

ICD-10		-10 codes for the most frequently encountered occupational	
	disorders in the Nordic countries		
		(Edited June 2000)	
T57	Toxic e	ffect of other inorganic substances	
	T57.0	Arsenic and its compounds	
	T57.1	Phosphorus and its compounds	
		<i>Excludes:</i> organophosphate insecticides (T60.0)	
	T57.2	Manganese and its compounds	
	T57.3	Hydrogen cyanide	
	T57.8	Other specified inorganic substances	
	T57.9	Inorganic substance, unspecified	
T58.x		ffect of carbon monoxide	
T59	Toxic e	ffect of other gases, fumes and vapours	
		Includes: aerosol propellants	
		<i>Excludes:</i> chlorofluorocarbons (T53.5)	
	T59.0	Nitrogen oxides	
	T59.1	Sulfur dioxide	
	T59.2	Formaldehyde	
	T59.3	Lacrimogenic gas	
		Tear gas	
	T59.4	Chlorine gas	
	T59.5	Fluorine gas and hydrogen fluoride	
	T59.6	Hydrogen sulfide	
	T59.7	Carbon dioxide	
	T59.8	Other specified gases, fumes and vapours	
T	T59.9	Gases, fumes and vapours, unspecified	
Т60	Toxic e	ffect of pesticides	
	T 00.0	<i>Includes:</i> wood preservatives	
	T60.0	Organophosphate and carbamate insecticides	
	T60.1	Halogenated insecticides	
	T 00.0	<i>Excludes:</i> chlorinated hydrocarbons (T53)	
	T60.2	Other insecticides	
	T60.3	Herbicides and fungicides	
	T60.4	Rodenticides	
		Thallium	
	T60 0	<i>Excludes:</i> strychnine and its salts (T65.1)	
	T60.8	Other pesticides Posticide unspecified	
	T60.9	Pesticide, unspecified	

ICD-10	ICD	-10 codes for the most frequently encountered occupational
		disorders in the Nordic countries
		(Edited June 2000)
T65	Toxic e	ffect of other and unspecified substances
1001	T65.0	Cyanides
	1 0010	<i>Excludes:</i> hydrogen cyanide (T57.3)
	T65.1	Strychnine and its salts
	T65.2	Tobacco and nicotine
	T65.3	Nitroderivatives and aminoderivatives of benzene and its homologues
		Aniline [benzenamine], Nitrobenzene, Trinitrotoluene
	T65.4	Carbon disulfide
	T65.5	Nitroglycerin and other nitric acids and esters
		1,2,3-Propanetriol trinitrate
	T65.6	Paints and dyes, not elsewhere classified
	T65.8	Toxic effect of other specified substances
	T65.9	Toxic effect of unspecified substance
		Poisoning NOS (only for cases with acute intoxication with many disorders
		simultaneously)
T66 - T78	Other a	nd unspecified effects of external causes
T66.x	Unspec	ified effects of radiation
	_	Radiation sickness
		<i>Excludes:</i> specified adverse effects of radiation, such as: burns (T20-T31),
		leukaemia (C91-C95), radiation: gastroenteritis and colitis (K52.0),
		pneumonitis (J70.0), related disorders of the skin and subcutaneous
		tissue (L55-L59), sunburn (L55)
Т67	Effects of heat and light	
		<i>Excludes:</i> burns (T20-T31), erythema [dermatitis] ab igne (L59.0),
		malignant hyperthermia due to anaesthesia (T88.3), radiation-related
		disorders of the skin and subcutaneous tissue (L55-L59), sunburn
	TOTO	(L55), sweat disorders due to heat (L74-L75)
	T67.0	Heatstroke and sunstroke
	TC7 1	Heat: apoplexy, pyrexia. Siriasis. Thermoplegia
	T67.1	Heat syncope
	тс7 9	Heat collapse
	T67.2 T67.3	Heat cramp
	107.5	Heat exhaustion, anhydrotic Heat prostration due to water depletion
		<i>Excludes:</i> heat exhaustion due to salt depletion (T67.4)
	T67.4	Heat exhaustion due to salt depletion
	107.4	Heat prostration due to salt (and water) depletion
	T67.8	Other effects of heat and light
	T67.9	Effect of heat and light, unspecified
T68.x	Hypoth	
100.7	Typou	Accidental hypothermia
		<i>Excludes:</i> frostbite (T33-T35), hypothermia (of): following anaesthesia
		(T88.5), newborn (P80), not associated with low environmental
		temperature (R68.0)
<u> </u>	1	r

ICD-10	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)	
T70	Effects	of air pressure and water pressure
	T70.0	Otitic barotrauma
		Aero-otitis media, Effects of change in ambient atmospheric pressure or
		water pressure on ears
	T70.1	Sinus barotrauma
		Aerosinusitis. Effects of change in ambient atmospheric pressure on
		sinuses
	T70.2	Other and unspecified effects of high altitude
		Alpine sickness, Anoxia due to high altitude, Barotrauma NOS.
		Hypobaropathy, Mountain sickness
		<i>Excludes:</i> polycythaemia due to high altitude (D75.1)
	T70.3	Caisson disease [decompression sickness]
		Compressed-air disease, Diver's palsy or paralysis
	T70.4	Effects of high-pressure fluids
		Traumatic jet injection (industrial)
	T70.8	Other effects of air pressure and water pressure
		Blast injury syndrome
	T70.9	Effect of air pressure and water pressure, unspecified
T71.x	Asphyxiation	
		Suffocation (by strangulation), Systemic oxygen deficiency due to:
		Low oxygen content in ambient air, mechanical threat to breathing
		<i>Excludes:</i> anoxia due to high altitude (T70.2). asphyxia from: carbon
		monoxide (T58), inhalation of food or foreign body (T17), other gases,
		fumes and vapours (T59), respiratory distress (syndrome) in: adult (J80)
T73		of other deprivation
	T73.3	Exhaustion due to excessive exertion
		Overexertion
	T73.9	Effect of deprivation, unspecified
T75	Ffooto	of other external causes
175	Enects	<i>Excludes:</i> adverse effects NEC (T78), burns (electric) (T20-T31)
	T75.0	
	173.0	Effects of lightning Shock from lightning. Struck by lightning NOS
	T75 1	Shock from lightning, Struck by lightning NOS
	T75.1	Drowning and nonfatal submersion
	T75.2	Immersion, Swimmer's cramp Effects of vibration
	1 75.2	
		Pneumatic hammer syndrome, Traumatic vasospastic syndrome, Vertigo from infrasound
		(Traumatic vasospastic syndrome where the diagnosis is somewhat uncertain - or if there is a mixture of disorders from the vibration. Use preferably 173.0 or C56
		there is a mixture of disorders from the vibration. Use preferably 173.0 or $G56$.
	T75 4	arthrosis or M19.8. If no disorder can be identified use Z57.7 (+ Y76.x)
	T75.4	Effects of electric current
		Electrocution, Shock from electric current.

ICD-10	ICD-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)		
T78	Adverse	effects, not elsewhere classified	
		This category is to be used as the primary code to identify the effects, not elsewhere classifiable, of unknown, undetermined or ill-defined causes. For multiple coding purposes this category may be used as an additional code to identify the effects of conditions classified elsewhere. <i>Excludes:</i> complications of surgical and medical care NEC (T80-T88)	
	T78.2	Anaphylactic shock, unspecified Allergic shock, Anaphylactic reaction NOS, Anaphylaxis	
		<i>Excludes:</i> anaphylactic shock due to: adverse effect of correct medicinal substance properly administered (T88.6), adverse food reaction (T78.0), serum (T80.5)	
	T78.4	Allergy, unspecified	
		Allergic reaction NOS, Hypersensitivity NOS, Idiosyncracy NOS <i>Excludes:</i> allergic reaction NOS to correct medicinal substance properly administered (T88.7), specified types of allergic reaction such as: allergic gastroenteritis and colitis (K52.2), dermatitis (L23-L25, L27), hay fever (J30.1)	
	T78.8	Other adverse effects, not elsewhere classified	
		("Other specified general symptoms and signs" (R68.8) is recommended for conditions like "idiopathic environmental intolerance" (IEI), incl. MCS; electromagnetic intolerance ("el-allergy") etc.)	
T90-T98		e of injuries, burns, corrosions and frostbite, toxic effects of substances, d unspecified effects of external causes	
T90.9	Sequelae	e of unspecified injury of head	
		Sequelae of injury classifiable to S09.9	
		(See also F07 Personality and behavioural disorders due to brain disease, damage and dysfunction Alteration of personality and behaviour can be a residual or concomitant	
TT01_0	C I	disorder of brain disease, damage or dysfunction.)	
T91.8	Sequeiae	e of other specified injuries of neck and trunk Sequelae of injury classifiable to S13, S14.2-S14.6, S15-S18, S19.7-S19.8, S23, S24.2-S24.6, S25, S28, S29.0-S29.8, S33, S34.2-S34.8, S35, S38, S39.0-S39.8, T09.2 and T09.4 -T09.8 (Among others sequelae from Whiplash)	
Y96	Work-related condition		
Y97	Environmental-pollution-related condition		
Z00 - Z99	Persons encountering health services for examination and investigation		
Z00	General examination and investigation of persons without complaint and		
	reported diagnosis		
		Excludes: examination for administrative purposes (Z02), special screening examinations (Z11-Z13)	
	Z00.6	Examination for normal comparison and control in clinical research programme	

ICD-10	ICE	D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)
Z03	Medica	 I observation and evaluation for suspected diseases and conditions <i>Includes:</i> persons who present some symptoms or evidence of an abnormal condition which requires study, but who, after examination and observation, show no need for further treatment or medical care. <i>Excludes:</i> person with feared complaint in whom no diagnosis is made (Z71.1)
	Z03.3	Observation for suspected nervous system disorder
	Z03.6	Observation for suspected toxic effect from ingested substance
	203.0	Observation for suspected toxic effect from drug, adverse effect from poisoning
	Z03.8	Observation for other suspected diseases and conditions
Z04		ation and observation for other reasons
2011		<i>Includes:</i> examination for medicolegal reasons
	Z04.2	Examination and observation following work accident
	Z04.8	Examination and observation for other specified reasons
		Request for expert evidence
	Z04.9	Examination and observation for unspecified reason
		Observation NOS
Z10	Routine	e general health check-up of defined subpopulation
		<i>Excludes:</i> medical examination for administrative purposes (Z02)
	Z10.0	Occupational health examination
		Excludes: pre-employment examination (Z02.1)
Z53	Persons	s encountering health services for specific procedures, not carried out <i>Excludes:</i> immunization not carried out (Z28)
	Z53.8	Procedure not carried out for other reasons (patient did not show up)
Z56	Problem	ns related to employment and unemployment
		<i>Excludes:</i> occupational exposure to risk-factors (Z57), problems related to housing and economic circumstances (Z59)
	Z56.3	Stressful work schedule
	Z56.4	Discord with boss and workmates
	Z56.5	Uncongenial work
		Difficult conditions at work
	Z56.6	Other physical and mental strain related to work

ICD-10		D-10 codes for the most frequently encountered occupational disorders in the Nordic countries (Edited June 2000)		
Z57	Occupa	Occupational exposure to risk-factors		
	Z57.0	Occupational exposure to noise		
	Z57.1			
	Z57.2			
	Z57.3	Occupational exposure to other air contaminants		
	Z57.4	Occupational exposure to toxic agents in agriculture		
		Solids, liquids, gases or vapours		
	Z57.5	Occupational exposure to toxic agents in other industries		
		Solids, liquids, gases or vapours		
	Z57.6	Occupational exposure to extreme temperature		
	Z57.7			
	Z57.8	Occupational exposure to other risk-factors		
	Z57.9	Occupational exposure to unspecified risk-factor		
Z71	Persons	Persons encountering health services for other counselling and medical advice,		
	not else	not elsewhere classified		
	Z71.8	Other specified counselling		
		Consanguinity counselling (Counselling occupational disorders)		
Z73	Probler	Problems related to life-management difficulty		
		Excludes: problems related to socioeconomic and psychosocial		
		circumstances (Z55-Z65)		
	Z73.0	Bum-out		
		State of vital exhaustion		

<u>Neurotoxic conditions</u> (Central- and Peripheral nervous system) i.e. conditions/symptoms caused or suspected to be caused by toxic effects on the nervous system of solvents, heavy metals, gases and other toxic agents

(The text in italics is our comments and suggestions).

This is the most difficult group of the Nordic occupational disorders to classify with the ICD-10 system.

- *ICD-10 does not have a system which discriminates clearly between acute intoxications and chronic disorders. This distinction is important in occupational medicine.*
- ICD-10 does not have codes which present themselves as good candidates for coding the "syndromes" of occupational central nervous system disorders where objective clinical findings are not clearly pathological. Such "syndromes" in ICD-10 are covered with the F codes of psychiatry which many will be reluctant to use in cases where one suspect (or at least keep open the possibility) the cause to be occupational chemical exposure. In general these "syndromes" do not have a symptom which stands out more clearly than other complaints, thus it is difficult to code these disorders with an R code for a symptom too. Some Nordic clinics use the F codes for these "syndromes", other clinics shy the F codes and use R codes. We have therefore chosen to present both possibilities.

Acute intoxication

Central nervous system

R00 - R94

If one symptom is dominating in an acute disorder and the final diagnosis is not clear, this symptom should be coded with an R code, followed by Y96 or Y97.

T51 - T65

If no symptom is dominating, then the acute disorder should be coded with a Tcode for general toxic effects (T51-65), followed by Y96 or Y97. Codes for toxic exposures listed in T51-T56 should generally only be used as additional diagnoses in diagnosed diseases, but we advise to use them in cases of acute intoxication with general diffuse/unclear symptoms.

(Beware that T51-65 is not quite logically presented. One has to look through these codes to find the most appropriate).

Peripheral nervous system

G62.2 Polyneuropathy due to other toxic agents

Use additional external cause code (Chapter XX), if desired, to identify cause.

Chronic disorder

Central nervous system

G92 Toxic encephalopathy

Suggested to be used in chronic toxic encephalopathy when the diagnosis is reasonably verified by consistent pathological outcome of neuropsychological tests

G93.4 Encephalopathy, unspecified

Exclude: encephalopathy: alcoholic (G31.2); toxic (G92).

Alternative: F diagnoses

F06.7 Mild cognitive disorder

(For definition and explanation, see ICD-10 Vol. 1) Suggested to be used in patients with marked cognitive symptoms suggesting slight encephalopathy, but where only slight or not significantly pathological findings in neuropsychological tests suggests organic dysfunction (i.e. reduction in test performance between 1 and 2 Standard Deviations from reference). The diagnosis is suggested even if F06.7 is described to be made only in association with a specified physical disorder, as we find no better code for suspected encephalopathies where the symptomatology suggests the diagnosis but the objective findings are vague and inconclusive. If neurasthenic symptoms dominate and test performances are within normal range, the diagnosis F48.0 Neurasthenia is suggested.

F48.0 Neurasthenia

(Suggested to be used in solvent / metal exposed persons with mainly subjective symptoms of increased fatigue after mental efforts, etc., including difficulty in concentrating etc. but without reduced performance in neuropsychological tests indicating organic illness. (Includes R53 Malaise and fatigue, asthenia NOS, tiredness, "Fatigue syndrome", but not G93.3 Postviral fatigue syndrome.)

Alternative: R diagnoses

R41.3 Amnesia NOS.

Suggested for memory problems without frank dementia (Exclusion: F04 organic).

R41.8 Other and unspecified symptoms and signs involving cognitive functions and awareness

R43.1 Parosmia

(Dysosmia, cacosmia) May be used when intolerance to the mere smell of solvents or gases induces symptoms.

In cases of suspected solvent / metal induced illness with subjective symptoms (i.e. headache, memory disturbances, asthenia, mood disturbances etc.) but where no objective findings are made, it is recommended to use a symptom diagnosis (R.XX) supplemented with "Z03.3" diagnosis for observation.

Z03.3 Observation for suspected nervous system disorder

Includes: persons who present some symptoms or evidence of an abnormal condition which requires study, but who, after examination and observation, show no need for further treatment or medical care.

Z57.5 Occupational exposure to toxic agents in other industries (*i. e. than agriculture*) Solids, liquids or vapours.

(*I.e.* patient's contact with the health service because of relevant exposure where no disorder could be detected)

Peripheral nervous system

G62.2 Polyneuropathy due to other toxic agents

Use additional external cause code (Chapter XX), if desired, to identify cause.

Vibration-related disorders

i. e. conditions/symptoms caused or suspected to be caused by vibration

(The text in italics is our comments and suggestions).

We advise that the diagnoses for organ disorders are used (like vasospastic, (mono)neuropaties, arthroses)

I73.0 Raynaud's syndrome

Raynaud's: disease, gangrene, phenomenon (also secondary) (often viewed as a necessary sign for disorders from vibration)

- G56.0 Carpal tunnel syndrome
- G58.8 Other specified mononeuropathies
- M19.2 Other secondary arthrosis Secondary arthrosis NOS

M19.8 Other specified arthrosis

(code for arthrosis both in the carpal- and elbow regions at the same time, caused by vibration) (If to be specified to a single joint see M16-M18)

R20.2 Paraesthesia of skin

T75.2 Effects of vibration

Pneumatic hammer syndrome, Traumatic vasospastic syndrome, Vertigo from infrasound

(T75.2: Preferably not used as the disease/symptom code. Use primarily 173.0 (Mb. Raynaud) or G56.0 (carpal tunnel syndrome); M19.2 Secondary arthrosis of other joints or M19.8 Other specifies arthrosis. May be used for traumatic vasospastic syndrome where the diagnosis is somewhat uncertain - or if there is a mixture of disorders from the vibration. If no disorder can be identified use Z57. 7).

Z03.8 Observation for other suspected diseases and conditions

Includes: persons who present some symptoms or evidence of an abnormal condition which requires study, but who, after examination and observation, show no need for further treatment or medical care.

Z57.7 Occupational exposure to vibration

(patient's contact with the health service because of exposure to vibration where no disorder could be detected)

Asbestos - related conditions

i. e. conditions/symptoms caused or suspected to be caused by asbestos

(The text in italics is our comments and suggestions).

C34 Malignant neoplasm of bronchus and lung

C34.9 Bronchus or lung, unspecified

(*if specific localisation is needed, see C34.-*)

- C45 Mesothelioma
- C45.0 Mesothelioma of pleura

Excludes: other malignant neoplasms of pleura (C38.4)

- C45.1 Mesothelioma of peritoneum Mesentery. Mesocolon. Omentum. Peritoneum (parietal)(pelvic) Excludes: other malignant neoplasms of peritoneum (C48.-)
 C45.2 Mesothelioma of pericardium
 - **Excludes:** other malignant neoplasms of pericardium (C38.0)
- C45.9 Mesothelioma, unspecified

J61 Pneumoconiosis due to asbestos and other mineral fibres

Asbestosis

(The specification of whether the pneumoconiosis is associated with exposure to asbestos or to other mineral fibers, must be done through the local exposure code system of each health unit. These exposure systems does not belong to the ICD-10 system.

The code should not be used unless there is a diagnosis of lung fibrosis. The code should not be used if there are only dyspnoea, pleural plaques and asbestos exposure)

J90 Pleural effusion, not elsewhere classified

Pleurisy with effusion

(We advise that pleural effusion associated with exposure to asbestos is coded here)

J92 Pleural plaque

Includes: pleural thickening

- J92.0 Pleural plaque with presence of asbestos
- J92.9 Pleural plaque without asbestos

J94.8 Other specified pleural conditions

(We advise that visceral pleural fibrosis, or asbestos related adherence in persons with known exposure to asbestos is coded here.)

Z03.8 Observation for other suspected diseases and conditions

Includes: persons who present some symptoms or evidence of an abnormal condition which requires study, but who, after examination and observation, show no need for further treatment or medical care.

Z57.2

Occupational exposure to dust (patient's contact with the health service because of exposure to asbestos or mixed *dust where no disorder could be detected*)

<u>Conditions with aetiology attributed to environmental factors</u> - mechanisms not yet understood

(The text in italics is our comments and suggestions)

These conditions are not yet accepted medical diagnoses, although they are widely in use in scientific publications. The symptoms of the conditions are to some extent overlapping and there are no clear cut syndromes. The aetiology and pathophysiology is uncertain. An important part of the symptoms should always be eliminated given that the "causes" are entirely avoided (even though this often seems very difficult).

The recommendation from WHO (1997), so far, is to use wide definitions, like: **Idiopathic environmental intolerance (IEI)**

We have concluded that our advice in regard to ICD-10 (where none of the above mentioned "conditions" have codes) is:

- 1. Disease/symptom code: Take the most prominent symptom and use the R-code for that condition. Alternatively use R68.8 "Other specified general symptoms and signs" if there is no single prominent symptom.
- 2. To underscore that the condition has no accepted aetiology: We suggest to "tag" the disease/symptom code with R69 "Unknown and unspecified causes of morbidity" (like we "tag" the other disease/symptom codes with Y96 or Y97 to express the occupational/environmental aetiology of the disorder).

The use of psychiatric diagnosis (F45,-, F45.0 or F45.9) for these conditions has been discussed. However, we advice that they should not be used by occupational physicians at the present state of knowledge.

F45.-, F45.0 or F45.9 should only be used when a full somatization syndrome ("Environmental somatization syndrome" (ESS)) is diagnosed by a psychiatrist.

We will, however, give some examples on commonly used "names" and suggestions for description of these conditions. They are often named after the attributed environmental factor that the patient (or others) claims to elicit the symptoms.

Because of the uncertainty regarding the medical definitions and acceptance of these conditions as medical entities at present, we suggest that the clinics, if they need it for their own registry or research purposes, make their own codes for these conditions. This could also be organised on a national basis.

"Sick building syndrome" (SBS)

"Indoor climate syndrome". "Office workers syndrome/illness", etc.

To be used where multiple non-specific symptoms are reported in increased frequency in a population of workers compared to a reference population (mainly general symptoms + mucous membrane irritation symptoms + dermal symptoms). Is also used for single patients who react specifically in a certain indoor environment, and in whom the symptoms abate when the specific environment is left. The most common attributions in single patients are office machines, use of visual display units (VDT-equipment), copying machines, laser printers in addition to "indoor pollution" (dust, particles, solvents or other gases, particles/fibres etc.), flooring material or water damage.

"Multiple chemical sensitivity" (MCS).

Symptoms from multiple organ systems triggered by very low concentrations of chemically unrelated pollutants ("smell"), i.e. organic solvents, disinfectants (incl. formaldehyde), chlorine, ammonia/amines, perfumes, "mould metabolites" etc.

"Electromagnetic intolerance"

"El-allergy".

Usually general symptoms (tiredness, nausea, memory- and concentration difficulties etc.) related to use of TV/PC/data-screens, electrical transformers or fluorescent lamps. Symptoms disappear in "non-electrical environments".

"Chronic fatigue syndrome"

"Myalgic encephalitis"

Use preferably ICD-10 code F48 Fatigue syndrome or G93.3 Postviral fatigue syndrome or R53 Malaise and fatigue.

"Chronic heavy metal intoxication"

"Amalgamism". "Mercury intoxication from dental amalgam fillings", "Oral galvanism", Symptoms usually attributed to release of mercury from dental fillings. The "intoxication" is not supported by elevated concentration of mercury or other heavy metals in blood or urine. (Increased excretion of mercury or lead after use of chelators is usually not accepted as valid diagnostic criteria).

Other idiopathic environmental intolerance

A number of non-occupational causes may be presented with multiple or unclear attributions to environmental factors, like "hypoglycaemia" or ill defined "food intolerance" (often attributed to "candida" or "E-labelled food additives").

APPENDIX V

Strength of association between the disease/symptom and the occupational exposure

(The text in italics is our comments and suggestions)

1. Established association

The disease/symptom developed within a usual timeframe to the claimed exposure, and other disorders or exposures cannot explain the condition. The association between the disease/symptom and the claimed exposure must be thoroughly documented in the literature.

2. Likely association

The disease/symptom developed within a usual timeframe to the claimed exposure, and other disorders or exposures can not explain the condition. The association between the disease/symptom and the claimed exposure should be documented in the literature or could be supported by relevant experimental documentation.

3. Possibly association

The disease/symptom developed within a usual timeframe to the claimed exposure, but other disorders or exposures can also explain the disease/symptom.

4. Low/unlikely association

The disease/symptom developed within an unusual timeframe to the claimed exposure, and/or other disorders or other exposures can give a more likely explanation of the actual disease/symptom.

5. Association claim is not logical

The claimed disease/symptom does not represent any disorder.

6. An association can not be evaluated

The information available on the disease/symptom and/or on the exposure is contradictory or insufficient.